

EPHESIANS

FINDING AND LIVING OUT OUR IDENTITY IN CHRIST



Part 4: Grow Up

October 4, 2015

Scripture: Ephesians 4:1–16

Key thought:

The goal of the Christian life is to become like _____.

The closer we get to _____, the closer we get to _____.

Bottom Line:

Walking in _____ is the key to maturity in Christ.

Talk It Over

1. What's one idea from the message that really stood out to you? Why did this idea grab your attention?
2. As we physically and emotionally mature, there are often visible signs that accompany these changes. What are some of the signs of physical and emotional maturity?
3. In the same way, there are also noticeable evidences when we mature spiritually. According to Ephesians 4:1-16, what are some of these indicators?
4. In verses 14-15, Paul indicates that one of the main keys in our growth toward maturity in Christ involves our speaking—or embracing, walking in and living out—the truth in love. How would you describe “truth”? How would our culture describe it? What are some areas where truth is lacking? What would it look like to ‘speak truth’ into those areas?
5. Chuck said that, by definition, when we're deceived we don't know it and we need people in our lives who love us enough to speak truth into our lives. Discuss a time in your life when someone did this for you. How did you receive it?
6. Have you ever tried to speak truth into someone else's life? How did they receive it? What is necessary in order for those encounters to go well? (see Ephesians 4:2-3, 15)
7. What would the result be if everyone in the church were willing to both speak and receive the truth in love? Who have you given permission to hold you accountable by speaking God's truth into your life in areas that may be blind spots for you?