

Part 1: Expect Struggles... but

July 10, 2016

Scripture: Philippians

1. Expect Struggles

Therapy of suffering: _____

Theology of suffering: _____

Philippians 1:29-30; 2:17; 3:10; 4:6, 17

The theology of suffering says _____

- Acts 14:22
- John 15:20
- 1 Peter 4:12
- 2 Timothy 3:12

Struggle I face, have faced, or will face: _____

2. How will you face your struggles?

Sanctification: through suffering and hardship, pain and mourning, loss and strife, and the struggles of life, we are made to be more like _____.

- Luke 14:27
- John 19:16–18, 25–30

The theology of suffering says it can be _____.

3. Expect struggles... but

The theology of suffering can have many _____.

- Advance the message of _____. *Philippians 1:12–14, 20–21*
- Be a light to others (be _____). *Philippians 2:12–16*
- For God to show _____. *Philippians 2:25–30*
- Learn to be _____ and rely on God. *Philippians 4:10–13*
- To create a _____ that is unbelievable *Philippians 1:4–5, 18, 25; 2:2, 18, 28; 3:1, 4:4, 10*

Talk It Over

1. What's one idea from the message that really stood out to you? Why did this idea grab your attention?
2. Read Philippians. What words or phrases keep coming up?
3. Do most people you know use struggles for growth or despair? Why?
4. Do you use struggles for growth or despair? Why?
5. What are some “therapies of suffering” offered to us by society?
6. What are some “therapies of suffering” offered to us by the church?
7. Try to memorize one of the Scriptures shared today. Use it when struggles come to remind you of the theology of suffering.