

Prepared!

**ellettsville**
CHRISTIAN CHURCH

Prepared With My Health

AUGUST 23, 2020

I am a _____ and _____ being. (1 Kings 19:3–9)

God _____ us with what we _____. (Genesis 1:29; Genesis 9:3)

I am _____ for how I treat my _____. (1 Corinthians 6:19–20)

What is _____ my _____? (1 Corinthians 6:12)

What do I need?

- Adequate _____
- Healthy _____ habits
- Appropriate _____

Our _____ matters to God.

Interview with Stephanie Shell, MA, LPCC

What steps do you need to take now?

Remember: it's not too _____ or too _____.

Consult your _____

Schedule an appointment with a _____

Give _____ to the Lord first.