

## I've Got Anger Issues

SEPTEMBER 11, 2022

Anger is a negative feeling state that is typically associated with \_\_\_\_\_ thoughts, physiological \_\_\_\_\_ and dysfunctional \_\_\_\_\_.

### \_\_\_\_\_ are you getting angry?

You've been \_\_\_\_\_

You feel \_\_\_\_\_

You feel \_\_\_\_\_

You feel \_\_\_\_\_

You feel \_\_\_\_\_

You feel \_\_\_\_\_

You feel \_\_\_\_\_

### What does anger \_\_\_\_\_ in you?

Do you \_\_\_\_\_ in or \_\_\_\_\_ out?

### What \_\_\_\_\_ with your anger?

Aim for a \_\_\_\_\_ response (Ephesians 4:26–27)

Recognize what you \_\_\_\_\_ (Ephesians 4:31)

Resolve to \_\_\_\_\_ the issue (Ephesians 4:2–3)

### How does God \_\_\_\_\_?

He came \_\_\_\_\_ (John 1:1, 14)

He resolved the \_\_\_\_\_ of my anger: \_\_\_\_\_ (Romans 5:8–10)